



## IPC GOVERNING BOARD BIOGRAPHIES

- Name: Josh Dueck PLY
- IPC position: Vice Chairperson of the IPC Athletes' Council
- Position (outside of the IPC): Executive Director for British Columbia Freestyle Ski Association
- Nationality: Canadian
- Languages spoken: English
- Paralympic Games participated in: Vancouver 2010 and Sochi 2014
- Paralympic medals won: 1 gold, 2 silver
- Social media channels: [Instagram](#), [LinkedIn](#), [Twitter](#)



### When and why did you first become involved in the Paralympic Movement?

I first became involved in 2007 when I was recruited through a local sport development programme.

### What has been your career path?

In the first chapter I was a freestyle athlete, coach and Board member. In the second chapter I became a Paralympic athlete, competed at two Paralympic Winter Games, a freeski pioneers, athlete mentor and now sports administrator.

### What do you enjoy most about the role that you have on the IPC Governing Board?

I really like the people that make up the board, the environment that promotes safe and meaningful dialogue, as well as the exposure to global perspectives.

### What is your personal highlight(s) from all the Paralympic Games you have attended?

#### INTERNATIONAL PARALYMPIC COMMITTEE

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For Vancouver 2010 it was great to compete on home snow in front of family and friends. Sochi 2014 for me was all about the team and performance. At PyeongChang 2018, I relished the diversity of opportunity, I was a reporter for CBC and acted as an IPC Games Ambassador. Most recently at the Beijing 2022 Paralympic Winter Games, I was Canada's Chef de Mission and had the honour of receiving and beating a Ceremonial First Nations Drum, a signal towards reconciliation.

**Why for you are the Paralympic Games the most transformational event on earth?**

The Paralympic Games bring together and celebrate humanity through sport. Now more than ever, we need to be purveyors of positivity and remind the world the power of passion and the human spirit.

**Beyond the Games, what are your passions?**

Family, nature, movement and community.

**Over the next decade, what changes would you like to see that would improve the lives of the 1.2 billion persons globally who have a disability?**

I dream of a world where all labels are dropped, and we see each other as a part of the global collective. This goes well beyond disability and includes race, gender, orientation, creed, and culture.

**Who for you embodies the Paralympic Movement?**

The late, great Terry Fox. He embodied service above self and used his life to improve the quality of lives for all those who face adversity. His life is a reminder in 'the value of facing a challenge', a message we need now more than ever.

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